Hand hygiene
Wash your hands with non-antimicrobial liquid soap and water if:
- visibly soiled or dirty
- caring for an individual with a suspected or known gastro-intestinal infection e.g. norovirus or a spore forming organism i.e. *C. difficile*

In all other circumstances alcohol based hand rub can be used as an alternative to hand washing with liquid soap and water.

Aprons must be:
- worn to protect uniform or clothes when contamination is anticipated/likely e.g. when undertaking direct care e.g. assisted wash or aseptic/clean task
- changed between individuals and/or following completion of a procedure or task

Eye Protection / Visor*
*Self assessment of risk for eye protection session or single use.

Fluid Resistant Surgical Mask*
*Self assessment of risk for mask session or single use.

Gloves must be:
- worn when exposure to blood and/or other body fluids is anticipated/likely e.g. toileting or taking blood
- changed immediately after each patient and/or following completion of a procedure or task
- changed if a perforation or puncture is suspected
- appropriate for use, fit for purpose and well-fitting

Remember to perform hand hygiene following removal/disposal of PPE.

Please refer to the full UK COVID-19 guidance for Infection Prevention and Control on the HPS COVID-19 web page.

V1.0 April 2020