Hand hygiene

Wash your hands with non-antimicrobial liquid soap and water if:

- visibly soiled or dirty;
- caring for an individual with a suspected or known gastro-intestinal infection e.g. norovirus or a spore forming organism i.e. *C. difficile*.

In all other circumstances alcohol based hand rub can be used as an alternative to hand washing with liquid soap and water.

Eye Protection / Visor

*self assessment of risk for eye protection session or single use

Fluid Resistant Surgical Mask

*self assessment of risk for mask session or single use

Gloves must be:

- worn when exposure to blood and/or other body fluids is anticipated/likely e.g. toileting or taking blood;
- changed immediately after each patient and/or following completion of a procedure or task;
- changed if a perforation or puncture is suspected;
- appropriate for use, fit for purpose and well-fitting.

Aprons must be:

- worn to protect uniform or clothes when contamination is anticipated/likely e.g. when undertaking direct care e.g. assisted wash or aseptic/clean task
- changed between individuals and/or following completion of a procedure or task.

Remember to perform hand hygiene following removal/disposal of PPE.

Please refer to the full UK COVID-19 guidance for Infection Prevention and Control on the HPS COVID-19 web page