

Middle East Respiratory Syndrome Coronavirus (MERS-CoV)

LABORATORY TESTING ALGORITHM – Version 14 (based on PHE lab guidance) – February 2019

For a **POSSIBLE CASE**, patients must fulfil the conditions 1, 2 OR 3.

- Any person with severe acute respiratory infection requiring admission to hospital with symptoms of fever ($\geq 38^{\circ}\text{C}$) or history of fever, and cough **plus** evidence of pulmonary parenchymal disease (e.g. clinical or radiological evidence of pneumonia or Acute Respiratory Distress Syndrome (ARDS))¹
AND AT LEAST ONE OF:
 - history of travel to, or residence in an area² where infection with MERS-CoV could have been acquired in the 14 days before symptom onset³
 - close contact⁴ during the 14 days before onset of illness with a symptomatic confirmed case of MERS-CoV infection
 - person is a healthcare worker based in ICU caring for patients with severe acute respiratory infection, regardless of history of travel or use of PPE⁵
 - associated with a cluster of two or more epidemiologically linked cases requiring ICU admission within a two week period, regardless of history of travel
- Acute influenza-like-illness symptoms (ILI), **plus** contact with camels, camel environments or consumption of camel products (e.g raw camel milk, camel urine) **OR** contact with a hospital, in an affected country² in the 14 days prior to onset.
ILI is defined as sudden onset of respiratory infection with measured fever of $\geq 38^{\circ}\text{C}$ and cough
- Acute respiratory illness (ARI) plus contact with a confirmed case of MERS-CoV in the 14 days prior to onset.
ARI is defined as sudden onset of respiratory infection with at least of one of: shortness of breath, cough or sore throat.

Yes → **Does patient fulfil both clinical and exposure criteria?** No → Unlikely to be MERS-CoV, treat, investigate and review as clinically indicated.

HPT ensures that initial samples are sent to the West of Scotland Specialist Virology Centre (WoSSVC) (or Royal Infirmary of Edinburgh (RIE) for Lothian/Borders/Fife patients):

- Contact the WoSSVC/RIE prior to sending samples - see lab guidance⁷.
- Initial samples** should include (at the very minimum): an upper respiratory tract sample (combined nose and throat viral swabs, or nasopharyngeal aspirate **AND** if obtainable, a lower respiratory tract sample (sputum, or an endotracheal tube aspirate if intubated)- see lab guidance⁷.
- Samples should be sent by: **Category B transport** (see Appendix B of the lab guidance⁷)
- Samples must be handled at **Containment Level (CL) 3**

At the WoSSVC/RIE

- Divide samples into aliquots and reserve one **untreated** aliquot at CL3
- Add lysis buffer to other aliquot(s)
- After** lysis samples can be handled at CL2 for further testing

UpE Assay for MERS-CoV

Respiratory viral screen as routinely performed at WoSSVC/RIE and testing for Legionella if indicated

Positive UpE assay
Virus detected by screening test (but not confirmed)

Negative UpE assay
MERS-CoV not detected

- WoSSVC/RIE send residual untreated aliquot **URGENTLY** to Respiratory Virus Unit (RVU) PHE Colindale for confirmatory testing
- Contact RVU⁸ (Telephone: 020 8327 6017 or 020 8200 4400 (out of hours)) prior to sending samples
- Send samples by **Category B transport**⁷

- Use local protocols to inform CPHM/ Microbiologist/ Virologist/Clinician/Health Protection Team as appropriate
- Inform HPS by phone⁶.

Positive PHE Colindale confirmatory test
CONFIRMED CASE

1 - Clinicians should additionally be alert to the possibility of atypical presentations in patients who are immunocompromised, atypical presentations may include absence of fever.

2 - MERS-CoV area: Bahrain, Jordan, Iraq, Iran, Kingdom of Saudi Arabia, Kuwait, Oman, Qatar, United Arab Emirates and Yemen – see [map](#) and [UK Risk Assessment](#)

3 – Please consider testing for Legionnaires’ disease if indicated

4 - Contact definitions (from date of illness onset in index case and throughout their symptomatic period): A) Health and social care workers: workers who provided direct clinical or personal care or examination of a symptomatic confirmed case or was within 2m of a symptomatic case or had direct contact with body fluids from a symptomatic case, for any length of time. B) Household or close contact: any person who has had prolonged face-to-face contact (>15 minutes) with a symptomatic confirmed case any time during the illness after onset in a household or other closed setting.

5 - In secondary care, for all patient contact, Personal Protective Equipment (PPE) includes correctly fitted filtering face piece respirator (FFP3), long sleeved, fluid-resistant disposable gown, gloves and eye protection. For guidance on PPE and infection control precautions, please refer to the [National Infection Prevention and Control Manual](#) and [Infection control guidance for MERS-CoV](#).

6 –HPT to inform HPS by phone: 0141 300 1100 (day) or 0141 211 3600 (out of hours) and e-mail (NSS.HPSCoronavirus@nhs.net).

7 – **For more information** on lab guidance and other algorithms see: [HPS algorithms for MERS-CoV](#)

8 - Respiratory Virus Unit, Public Health England, 61 Colindale Avenue, London NW9 5EQ – Email: respiratory@phe.gov.uk Telephone: 020 8327 6017 or 020 8200 4400 (out of hours)